

Cable Mittens

1 skein Cascade 200 yarn
size 7 double pointed needles (set of 5)
Stitch markers (2)
Stitch holder (1)
Tapestry needle



K=knit number of stitches indicated
P=purl number of stitches indicated
M1=make 1 stitch

C4F=cable over 4 stitches. Placing first 2 stitches on cable needle and hold them to the front of the work. Knit next 2 stitches, replace stitches from cable needle onto left hand needle, knit the 2 stitches (cable twist complete). Cable twist should be worked every 4th row.

PM=place stitch marker

SM=slip stitch marker

K2tog=knit 2 stitches together (left leaning decrease)

SSK=slip stitch as if to knit, slip next stitch as if to knit, slide stitches back to left hand needle and knit through the back loop of both stitches (right leaning decrease)

Using the long-tail cast-on, cast on 36 stitches dividing them over the 4 needles (10/8/10/8).

Work K2, P2 ribbing for 2 inches.

Right Mitten:

After finishing the ribbing section, redistribute the stitches on the needles as follows: needles 1 & 2 – 9 stitches, needle 3 – 7 stitches, needle 4 – 11 stitches (to accommodate cable on a single needle)

Round 1: K23, P2, K4, P2, K5 (cable set up)

Round 2: K23, P2, C4F, P2, K5 (cable started)

Round 3-5: K23, P2, K4, P2, K5

Round 6: K3, place stitch marker, M1, K2, M1, place stitch marker (beginning of thumb shaping), K18, P2, C4F, P2, K5 (38 stitches)

Round 7-8: K3, sm, P1, K2, P1, sm, K18, P2, K4, P2, K5

Round 9: K3, sm, P1, M1, K2, M1, P1, sm, K18, P2, K4, P2, K5 (40 stitches)

Round 10: K3, sm, P1, K4, P1, sm, K18, P2, C4F, P2, K5

Round 11: K3, sm, P1, K4, P1, sm, K18, P2, K4, P2, K5

Round 12: K3, sm, P1, M1, K4, M1, P1, sm, K18, P2, K4, P2, K5 (42 stitches)

Round 13: K3, sm, P1, K6, P1, sm, K18, P2, K4, P2, K5

Round 14: K3, sm, P1, K6, P1, sm, K18, P2, C4F, P2, K5

Round 15: K3, sm, P1, M1, K6, M1, P1, sm, K18, P2, K4, P2, K5 (44 stitches)

Round 16-17: K3, sm, P1, K8, P1, sm, K18, P2, K4, P2, K5

Round 18: K3, sm, P1, M1, K8, M1, P1, sm, K18, P2, C4F, P2, K5 (46 stitches)

Round 19-20: K3, sm, P1, K10, P1, sm, K18, P2, K4, P2, K5

Round 21: K3, sm, P1, M1, K10, M1, P1, sm, K18, P2, K4, P2, K5 (48 stitches)

Round 22: K3, sm, P1, K12, P1, sm, K18, P2, C4F, P2, K5

Round 23: K3, remove stitch marker, slip all stitches between the stitch markers onto a stitch holder or scrap yarn, cast on 2 stitches using the overhand cast-on, K18, P2, K4, P2, K5 (36 stitches)

Work even as for Rounds 2-5, working the cable twist every 4th round, until the mitten reaches the tip of the pinky finger (8-8½ inches from the beginning). Now you're ready to begin the end shaping.

Decrease rounds should be worked as follows:

K1, K2tog, knit across the rest of needle 1. On needle 2, knit to last 3 stitches, SSK, K1. On needle 3, K1, K2tog, knit each knit stitch and purl each purl stitch to end of needle. On needle 4, work the first 4 stitches in the cable pattern (twisting every 4th round), P2, knit to last 3 stitches, SSK, K1.

Continue working 1 decrease round and 1 even round until you have 4 stitches on each needle. Cut yarn leaving a tail of about 14 inches. With tapestry needle, bind off using the Kitchener stitch.

Left Mitten:

After finishing the ribbing section, redistribute the stitches on the needles as follows: needle 1 – 7 stitches, needle 2 – 11 stitches (to accommodate cable on a single needle), needles 3 & 4 – 9 stitches,

Round 1: K5, P2, K4, P2, K23, (cable set up)

Round 2: K5, P2, C4F, P2, K23 (cable started)

Round 3-5: K5, P2, K4, P2, K23

Round 6: K5, P2, C4F, P2, K18, place stitch marker, M1, K2, M1, place stitch marker (beginning of thumb shaping), K3 - (38 stitches)

Round 7-8: K5, P2, K4, P2, K18, sm, P1, K2, P1, sm, K3

Round 9: K5, P2, K4, P2, K18, sm, P1, M1, K2, M1, P1, sm, K3 - (40 stitches)

Round 10: K5, P2, C4F, P2, K18, sm, P1, K4, P1, sm, K3

Round 11: K5, P2, K4, P2, K18, sm, P1, K4, P1, sm, K3

Round 12: K5, P2, K4, P2, K18, sm, P1, M1, K4, M1, P1, sm, K3 - (42 stitches)

Round 13: K5, P2, K4, P2, K18, sm, P1, K6, P1, sm, K3

Round 14: K5, P2, C4F, P2, K18, sm, P1, K6, P1, sm, K3

Round 15: K5, P2, K4, P2, K18, sm, P1, M1, K6, M1, P1, sm, K3 - (44 stitches)

Round 16-17: K5, P2, K4, P2, K18, sm, P1, K8, P1, sm, K3

Round 18: K5, P2, C4F, P2, K18, sm, P1, M1, K8, M1, P1, sm, K3 - (46 stitches)

Round 19-20: K5, P2, K4, P2, K18, sm, P1, K10, P1, sm, K3

Round 21: K5, P2, K4, P2, K18, sm, P1, M1, K10, M1, P1, sm, K3 - (48 stitches)

Round 22: K5, P2, C4F, P2, K18, sm, P1, K12, P1, sm, K3

Round 23: K5, P2, K4, P2, K18, remove stitch marker, slip all stitches between the stitch markers onto a stitch holder or scrap yarn, cast on 2 stitches using the overhand cast-on, K3 - (36 stitches)

Work even as for Rounds 2-5, working the cable twist ever 4th round, until the mitten reaches the tip of the pinky finger (8-8½ inches from the beginning). Now you're ready to begin the end shaping.

Decrease rounds should be worked as follows:

K1, K2tog, knit across the rest of needle 1. On needle 2, knit to last 3 stitches, SSK, K1. On needle 3, K1, K2tog, knit knit stitches and purl purl stitches to end of needle. On needle 4 continue working cable every 4th round, P2, knit to last 3 stitches, SSK, K1.

Continue working 1 decrease round and 1 even round until you have 4 stitches on each needle. Cut yarn leaving a tail of about 14 inches. With tapestry needle, bind off using the Kitchener stitch.

Thumb:

Pick up the 14 stitches from the stitch holder and divide onto 4 needles (3/3/3/5). Pick up 2 additional stitches from where the 2 stitches were cast on at the body on needle 4. You will have 7 stitches on needle 4. (16 stitches)

Round 1: Knit all stitches on needles 1-3. On needle 4, K1, K2tog, K1, SSK, K1. (14 stitches)

Round 2: Knit even

Round 3: Knit all stitches on needles 1-3. On needle 4, K2tog, K1, SSK. (12 stitches)
Knit even until thumb piece reaches thumb nail (about 2 inches).

Decrease round: *K2tog, K1*, repeat from * to * to the end.

Knit even.

Decrease round

Cut yarn leaving a tail of about 14 inches. With tapestry needle, thread yarn through remaining stitches, pull tight and pull yarn to the inside of the thumb.

Work in all ends, closing any holes in thumb area by weaving in with the yarn.

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